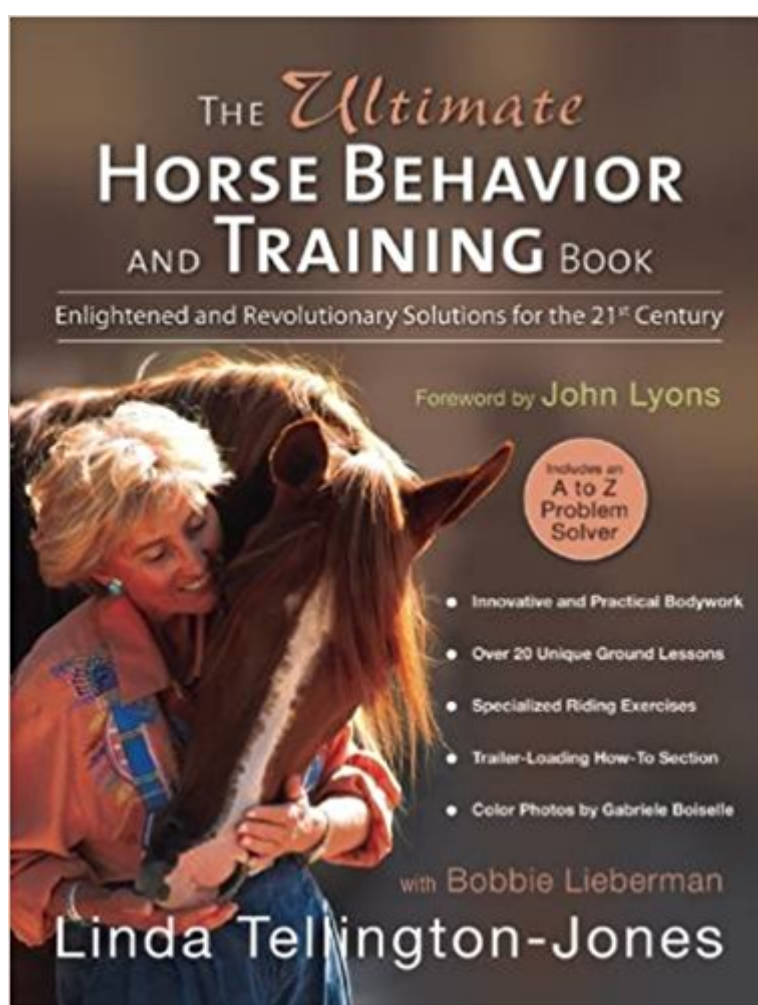


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# The Ultimate Horse Behavior And Training Book: Enlightened And Revolutionary Solutions For The 21st Century



## Synopsis

Finally, a comprehensive collection of world-renowned equine expert Linda Tellington-Jones' healing equine bodywork and training exercises, for use both on the ground and in the saddle. In one fabulously illustrated book, those new to Linda's approach are provided with a clear, step-by-step introduction to the Tellington Method, while those familiar with her work finally have the ultimate go-to reference. The book is divided into three parts. Part One briefly explains the background of the Tellington Method and then discusses the reasons for unwanted behavior and poor attitude in horses. Part Two, arranged alphabetically, contains a compendium of 72 common behavioral, training and health issues, many of which horse people face on a daily basis. In this A to Z format, from Aggressive to Other Horses to Weaving, Linda discusses the possible reasons for these behaviors or problems and offers conventional methods of solving these challenges, as well as training solutions using the Tellington Method. Part Three presents "for the first time in one volume" the complete body of work that makes up the Tellington Method: the Tellington Touches, Ground Exercises, and Ridden Work. At the end of this section, there is also a detailed case study, which includes 49 photographs showing every step along the way to successfully teaching your horse to load.

## Book Information

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## Customer Reviews

"Linda's fabulous new book is by far the best that has ever been published on her TTouch Work." "Trail Blazer 2007" "A heavyweight in any horse lover's book collection." "Equine Wellness" "With plenty of white space, 364 color photographs, and 81 color illustrations, the book is a

pleasure to read." "Western Horseman" Horse lovers who like the methods and books of Pat Parelli and John Lyons, who wrote an introduction to this book, will appreciate this volume." "Library Journal" Keep this one nearby; you'll want to refer to it again and again!" "Horsemen's Yankee Pedlar

Linda Tellington-Jones is an internationally recognized animal behaviorist and equine expert. She has authored six books and produced numerous video programs.

This book is a wonderful addition to my horse resource library. I like to have as many resources on hand as possible, and this is packed with great ideas and explanations. It is well written and easy to understand. I have enjoyed reading it and would definitely recommend it to someone who is looking for a training guide that takes a look into horse behavior, and is interested in the Tellington Method and TTouch. Many books I have read and owned have mostly focused just on the training side, but I really enjoy how Linda Telling-Jones puts more emphasis on behavior concepts blended with the training, which I believe is a much better way to train, and fundamental to understanding the horse. I do not following one specific training method, I create blended methods personalized to each horse which is pulled from all of my resources, so this is just another tool in my toolbox, not something I have used exclusively. It may work for people exclusively, but that is just not how I prefer to train.

An awesome books that has instructions about TTouches- a relaxation massage for your horse. All of my horses love the TTouches and this massage comes in handy when you want to improve your horses well being/teach him something like picking up his feet or lifting his back. It is a very good book, that also explains a lot of usual training issues (bolting, rearing, cinchy/girthy, bucking, stall-bound and so much more) -why they happen and how to prevent them, what TTouches can be done to help. I find this book awesome and recommend it to everyone!

This is an excellent, well-organized book which encompasses the entire body of the author's touch techniques as well as including sections on ground training and riding to tie the whole body of work together. This book is excellent because, quite simply, Linda's philosophy and techniques work!! The book is a culmination of more than 30 years of working with and riding competitively on dozens of different horses. Her techniques were certainly effective on my horses including a flighty young thoroughbred mare and a hot-to-trot Arabian mare among others. Even an amateur like me can be successful using her techniques. That is what is so amazing. You do not have to have someone

there beside you to teach you the techniques, you can learn enough from the book to get some amazing results on your own. Linda's aim is to get horse and rider to bond closer together, 'get on the same page', and enjoy working together in a calm, unforced way. There are a few pictures in the back of the book showing Linda riding a horse without saddle or bridle. In one photo she is going over a jump. From the expression of both horse and rider it is evident that each is relaxed, calm, in tune and in trust with each other and enjoying the experience. I guess that says it all.

I recently bought my first horse (yay!), and in the twelve years that I have been involved in the horse world, I have tried to educate myself on as many training techniques as I can. The horse I ended up buying is a lovely little icelandic gelding, and Linda's sister Robyn Hood owns the biggest icelandic farm in Canada. She swears by the system, so I figured it was about time that I bought this book. The information in this book is top notch. It is a very interesting blend of eastern medicine, horse psychology, intuition and western science. While I don't agree with all of the techniques, the system is well suited for flexibility and adaptability. At first I thought the names for all of the techniques were stupidly silly, but I have to hand it to Linda, the names and the anecdotes make it really easy to remember. The photos and diagrams are very nice as well. I love the problem solving section; it is exhaustive. The book is well bound and has nice big glossy pages. The main fault of this book is the organization. In fact, it may be the worst organized text-type book I have ever read. It is so high quality in all other regards, I find it surprising how bad it is. The first section talks about where the system came from, your basic horse herd psychology, etc. It feels a bit more like a conversation complete with long, winding tangents, odd inside jokes, and lots of references to things that haven't been explained yet... but it is passable. The second section is the A-Z problem solving section. Why in the world this section is in the MIDDLE of the book instead of the end, I will never understand. It makes it difficult to locate and awkward to flip through. The other issue is that every solution refers to the techniques and methods all described later in the book. The section is completely useless until you read the last section... again, this makes no sense. At least it is correctly alphabetical. The last section describes the techniques and methods of the TTEAM system. It feels like all the exercises were written on flash cards, thoroughly shuffled, drawn on with crayons, spread out, and copied down as is. The most simple, elementary, movements are described very late in the section, and almost all other techniques refer to them or are variations of them. I don't have any idea why you would tell me how to do the variation BEFORE the original... especially if you refer to them only by name and without description. Next to each reference is a page number to which you can flip to, and if they had just written those numbers down, it would

have been easy to see how little sense this made. It feels like one of those choose your own adventure books I loved as a kid, but even more convoluted. There is no reason that this should be so mixed up. Would I recommend the book? Yes. The organization makes it difficult to appreciate, but the content is good enough to make it worth it. I recently bought the iPhone app... I am interested in seeing how it compares.

Bought as a gift to my friend that's had horses in the past and just got another one. She says she's always consulting it for top tips on various things. Particularly the horses age and behaviour at the moment. He's quite a handful. This book was bought on other readers reviews and would recommend it even for more experienced riders. Always something to learn from it.

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